

# Community Table Tennis now available at the Parish Hall



Would your Community Group like to play table tennis?

Please contact us on [bookings@yatetowncouncil.gov.uk](mailto:bookings@yatetowncouncil.gov.uk) or on 01454 866506 to ask about booking a session(s) for your group.

As well as great social interaction for all ages table tennis offers great mind-body stimulation, aerobic exercise and can help improve hand-eye coordination, balance and reflexes

Why not come and give it a try  
with your group?

